

Practice internal skills at home to accumulate energy





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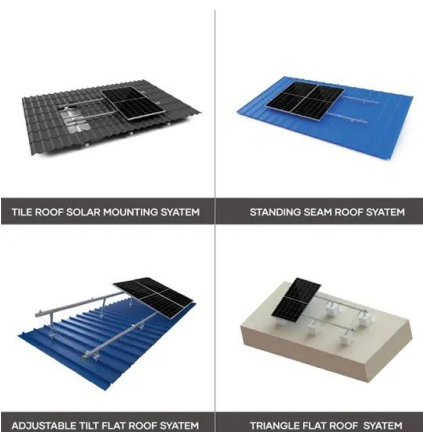


PRACTICE Definition & Meaning , Dictionary

What's the difference between practice and practise? In British English (and many other international varieties of English), the spelling practice is used when the word is a noun, while the spelling practise ...

Practice

Practice can be a noun or a verb, but either way it's about how things are done on a regular basis. You can practice shotput every day because your town has a practice of supporting track-and-field events.



practice

the action or process of performing or doing something; to put a scheme into practice; the shameful practices of a blackmailer. the exercise or pursuit of a profession or occupation, esp. law or medicine: ...

PRACTICE definition in American English , Collins English

If you practice, or practice something, you keep doing it regularly in order to be able to do it better. She practiced the piano in the grade school basement.



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